

Sublimation – Using the Plate Presses

Step 1: Select the proper plate attachment

- Choose whichever of the two plate attachments fits your plate best.
- The attachment needs to fit within the flat, inner area of the plate, not on the rim.
- Note: the plate pictured in this tutorial is not a sublimation blank, and is merely being used for purposes of demonstration.



Step 2: Close but do not lock the heat press

- Make sure the heat press is both turned off and completely cool before beginning this process.
- Lower the handle until the upper platen of the press is resting on the lower one, but do not exert pressure on the handle to lock it in place



Step 3: Unplug the upper platen from the press

- First unscrew the silver ring and then pull out the plug connecting the upper platen to the control unit.



Step 4: Loosen the two wing nuts

- Loosen the two wing nuts until the upper platen of the press can be slid loose.



Step 5: Remove the upper platen

- Raise the heat press handle.
- Lift the upper platen by both side handles and set it aside onto a clean towel, or other soft, clean surface.
- Again, it is essential that the press be completely cool before doing this.



Step 6: Insert the plate attachment

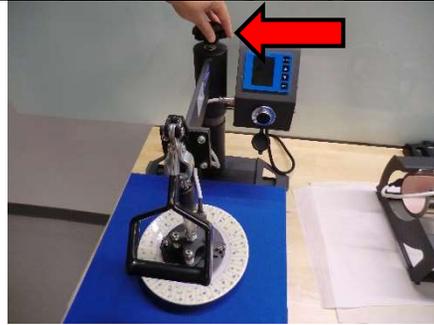
- Slide the plate attachment into place and tighten the wing nuts.
- The cord on the plate attachment should be facing towards the back.
- Tighten the wing nuts to secure the attachment in place.

**Step 7: Plug in the attachment**

- Locate the slot on the side of the mug press's plug.
- Align that with the notch on the plug socket on the side of the control unit.
- Push the plug into place.
- Screw the silver ring in.

**Step 8: Adjust the pressure**

- Center the plate under the attachment and close the handle.
- Use the pressure adjustment knob to adjust the pressure until the handle requires effort but not gorilla strength to close.

**Step 9: Use the press**

- Follow the Technique Tutorial "Using the Heat Press" to press your item.

**Step 10: Return the press to its original configuration**

- When finished, remove the plate attachment, replace the upper platen, and adjust the pressure again.

