

## Using the Heat Press

### Step 1: Check the amount of pressure on the press

- Before turning on or heating the press, insert the item to be pressed and close and lock the lid to check the amount of pressure on the item.
- If needed, adjust the pressure up or down using the knob at the top of the press.



### Step 2: Turn on the press

- Flip the red switch on the side to turn on the press.
- When the display shows a number under both “PV” and “SV”, the press is booted and ready to go.



### Step 3: Set the temperature

- Press the “Set” button to show “P-1”, which sets the temperature.
- Use the arrow keys to set the desired value.



### Step 4: Set the time

- Press “Set” again to show “P-2”, which sets the timer.
- Use the arrow keys to set the desired value.



### Step 5: Return to the main screen and let the press heat

- Press the “Set” button three more times to scroll through “P-3” and “P-4” and then return to the main menu.
- “PV” (Present Value) will increase as the press heats until it reaches the same value as “SV” (Set Value).



**Step 6: Insert the item to be pressed**

- Once the press has reached temperature, use the side handles to swing the upper platen out of the way.
- Lay a sheet of parchment paper on top of the blue foam pad.
- Lay the item to be pressed on top of the parchment, with the sublimation paper on top.
- Cover the item with another sheet of parchment paper such that the entire sublimation area is covered.



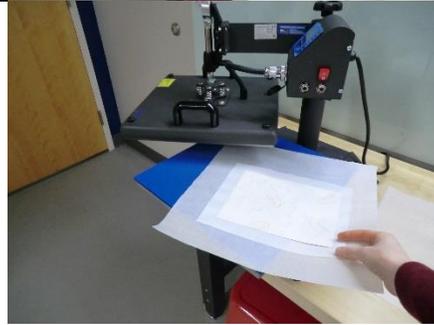
**Step 7: Press the item**

- Use the side handles to swing the upper platen into position over the lower platen.
- Use the main handle to close and lock the press. The timer should start counting down.



**Step 8: Remove the item**

- When the timer reaches 0 it will beep.
- Use the main handle to open the press, and the side handles to swing the top platen out of the way.
- Carefully remove the item from the press, being aware that everything is still very hot.



**Step 9: Turn the press off**

- Flip the red switch on the side to turn the press off.
- Make sure the top platen is back in position over the lower one, and that the press is left open to cool.

